

District 7 Softball – 2024

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www.littleleague.org

Division	T-Ball	A-Coach Pitch	AA -Modified Coach Pitch	AAA-player pitch	Majors	Juniors	Seniors
Age	4-6	7-8	7-9	9-11	9-12	12-14	12-16

[2024 Little League Softball Rule Book](#)

[2024 Little League Rule Book App](#)

Summary: This document is intended to provide guidance on rules for each of the Softball divisions supported by District 7 for the 2024 season. The age divisions are set to limit the disparity between skill and age of the minor divisions. Players will be allowed to “play up” out of the described age ranges. Players will NOT be allowed to play down unless there is a significant safety concern and it is approved by the League Softball VP. The AAA and Major divisions have similar age ranges and both will be solely player pitch. However, there will be a distinct skill difference between the two divisions and League Softball VPs will be responsible for ensuring players are playing in the correct division.

AA – Modified Coach Pitch: This is a developmental division that will introduce player pitching, with modified coach pitch support to get the ball in play and speed up the game. AA teams will play by the official Little League Minor rules and regulations for the entire season, with the following modifications:

- **All pitching (from the player OR from the adult) will be delivered from 35ft from the back of home plate** (field specifications can be found at: <https://www.littleleague.org/league-officials/field-specifications/>). When the batter receives **4 called balls** from the player pitcher, an adult coach from the offensive team will be used to **pitch the remainder of the strikes**. If the coach hits their batter with a pitch, the batter will get another pitch in replacement. There will be no “mulligans” for poor pitches. Coaches should use their judgement wisely on who is pitching. If the batter fails to put the ball in play after 3 strikes the batter shall be called out.
- Player pitchers are allowed to throw under hand or windmill rotation.
- No new inning to be begin after 1 hour and 45 minutes. If the 1 hour and 45 minutes occurs in the middle of an inning the inning will be completed unless the home team is ahead.
- Innings will end when 3 outs OR 5 runs scored OR when all present players have batted one time in the half-inning.
- If after 3 innings (2 ½ if home team ahead) one team is ahead by fifteen (15) runs, the game will be ended. If after 4 innings (3 ½ if home team ahead) one team is ahead by ten (10) runs, the game will be ended. If after 5 innings (4 ½ if home team) one team is ahead by eight (8) runs, the game will be ended.
- Continuous batting order shall be used.
- Courtesy runner allowed for pitcher and/or catcher when there are two outs. It must be the player who made the last out.
- Bunting is allowed.
- There is no base stealing while a coach is pitching. The base runner will be allowed to steal one base per pitch regardless of throwing errors.
- Tie breakers will only be utilized in end of year tournament.
- It is allowed to play a game with 8 players, there will be no penalty for 9th batter.
- Home team is responsible for providing a plate umpire, visiting team is responsible for providing a field umpire

***Coaches are encouraged to discuss additional modifications to these rules before the game and agree to them at the plate meeting.**

AAA – Player Pitch Minors: This is a developmental division with similar rules to Majors. AAA Softball will be player pitch for the entire season and players will begin to learn competitive play to get players ready for the Majors Division. AAA teams will play by the official Little League Minor rules and regulations for the entire season, with the following modifications:

- All pitching will be delivered from **35ft from the back of home plate.**
- Pitchers throw under hand or windmill rotation
- No new inning will begin after 2 hours. If the 2 hours stop occurs in the middle of an inning the inning will be completed unless the home team is ahead. Tournament play is 6 innings.
- Innings will end when 3 outs OR 5 runs scored OR when all present players have batted one time in the half-inning.
- If after 3 innings (2 ½ if home team ahead) one team is ahead by fifteen (15) runs, the game will be ended. If after 4 innings (3 ½ if home team ahead) one team is ahead by ten (10) runs, the game will be ended. If after 5 innings (4 ½ if home team) one team is ahead by eight (8) runs, the game will be ended.
- Continuous batting order shall be used. **This is true for Tournament play.**
- Courtesy runner allowed for pitcher and/or catcher when there are two outs. It must be the player who made the last out.
- The **“Dropped Third Strike Rule”** will **NOT** be enforced. Rule 6.05/6.09
- It is allowed to play a game with 8 players, there will be no penalty for 9TH batter.
- Tie breakers will only be utilized in end of year tournament.
- Home team is responsible for providing a plate umpire, visiting team is responsible for providing a field umpire

Majors: Majors division Softball teams will play by the official Little League Major rules and regulations for the entire season, with the following modifications:

- All pitching will be delivered from **40ft from the back of home plate.**
- No new inning will begin after 2 hours. If the 2 hours stop occurs in the middle of an inning the inning will be completed unless the home team is ahead. **Tournament play is 6 innings.**
- If after 3 innings (2 ½ if home team ahead) one team is ahead by fifteen (15) runs, the game will be ended. If after 4 innings (3 ½ if home team ahead) one team is ahead by ten (10) runs, the game will be ended. If after 5 innings (4 ½ if home team) one team is ahead by eight (8) runs, the game will be ended.
- Continuous batting order shall be used. **This is true for Tournament play.**
- Courtesy runner allowed for pitcher and/or catcher when there are two outs. It must be the player who made the last out.
- It is allowed to play a game with 8 players, there will be no penalty for 9th batter.
- In the event of a tie during a regular season game, District 7 will utilize [the Little League tournament tie breaker rule](#) Where the offense will place the last batter from the previous inning on 2nd base to encourage scoring.
- Home team is responsible for providing a plate umpire, visiting team is responsible for providing a field umpire.

Juniors: Juniors division Softball teams will play by the official Little League Juniors rules and regulations.

- All pitching will be delivered from **43ft from the back of home plate.**
- If after 4 innings (3 ½ if home team ahead) one team is ahead by fifteen (15) runs, the game will be ended. If after 5 innings (4 ½ if home team ahead) one team is ahead by ten (10) runs, the game will be ended. If after 6 innings (5½ if home team ahead) one team is ahead by eight (8) runs, the game will be ended.

- No new inning will begin after 2 hours. If the 2 hours stop occurs in the middle of an inning the inning will be completed unless the home team is ahead. **Tournament play is 7 innings.**
- Continuous batting order shall be used. This is true for Tournament play.
- Courtesy runner allowed for pitcher and/or catcher when there are two outs. It must be the player who made the last out.
- It is allowed to play a game with 8 players, there will be no penalty for 9th batter.
- Home team is responsible for providing a plate umpire, visiting team is responsible for providing a field umpire.

2024 Tournaments:

TOC June 3rd – June 14th

District 7 All Stars June 14th-June 27th

State All Stars Little League July 1st-July 7th

State All Stars Juniors July 8th-July 13th

State All Stars 8/10, 9/11 July 4th-July 17th

Regionals Little League August 2nd-August 8th

Regionals Juniors July 18th-July 24th

World Series Little League August 14th – August 25th

World Series Juniors July 28th – August 3rd

2024 Little League Rulebook Significant Updates

Appendix G-2024 Little League Softball Age Chart



Match month (top line) and box with year of birth. League age indicated at right.

JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC	AGE
2019	2019	2019	2019	2019	2019	2019	2019	2019	2019	2019	2019	4
2018	2018	2018	2018	2018	2018	2018	2018	2018	2018	2018	2018	5
2017	2017	2017	2017	2017	2017	2017	2017	2017	2017	2017	2017	6
2016	2016	2016	2016	2016	2016	2016	2016	2016	2016	2016	2016	7
2015	2015	2015	2015	2015	2015	2015	2015	2015	2015	2015	2015	8
2014	2014	2014	2014	2014	2014	2014	2014	2014	2014	2014	2014	9
2013	2013	2013	2013	2013	2013	2013	2013	2013	2013	2013	2013	10
2012	2012	2012	2012	2012	2012	2012	2012	2012	2012	2012	2012	11
2011	2011	2011	2011	2011	2011	2011	2011	2011	2011	2011	2011	12
2010	2010	2010	2010	2010	2010	2010	2010	2010	2010	2010	2010	13
2009	2009	2009	2009	2009	2009	2009	2009	2009	2009	2009	2009	14
2008	2008	2008	2008	2008	2008	2008	2008	2008	2008	2008	2008	15
2007	2007	2007	2007	2007	2007	2007	2007	2007	2007	2007	2007	16

NOTE: This age chart is for SOFTBALL DIVISIONS ONLY, and only for 2024.

Softball Pitching Rules

Softball Regulation VI – PITCHERS

- (a) Any player on the team roster may pitch. EXCEPTION: A player who has attained a league age of twelve (12) is not eligible to pitch in the Minor League (AAA)
- (b) Minors/Little League (Majors): A player may pitch in a maximum of twelve (12) innings in a day. If a player pitches in seven (7) or more innings in a day, one calendar day of rest is mandatory. Delivery of a single pitch constitutes having pitched in an inning.

LITTLE LEAGUE (MAJORS) AND MINOR LEAGUE EXAMPLE

If a player pitched in seven (7) or more innings on (Column A), that player can pitch again on (Column B):

Column A	Column B
Sunday	Tuesday
Monday	Wednesday
Tuesday	Thursday
Wednesday	Friday
Thursday	Saturday
Friday	Sunday
Saturday	Monday

Junior/Senior League: No pitching restrictions apply.

NOTE: The local league Board of Directors or District may impose additional pitching limitations during the Regular Season and interleague.

Pitching Restrictions for 12-year old's participating in Majors and Junior League

For a 12-year-old participating in the Major and Junior League Divisions as permitted under Regulation IV(a), the pitching rules and regulations regarding days of rest that are pertinent to the division in which the pitcher is used will apply to that game. Innings pitched previously in both divisions are considered when determining the eligibility of the pitcher for a particular game, with respect to days of rest and number of innings available.

Example 1 – A player pitches seven innings in a Junior Division game on Sunday. On Monday, she has a scheduled game in the Major Division. She would not be eligible to pitch in that game because the Major Division regulations require her to have one calendar day of rest, because of pitching in more than six innings on the previous day.

Example 2 – A player pitches nine innings in a Major Division game on Sunday. On Monday, she has a scheduled game in the Junior Division, and she would be eligible to pitch in that game because the Junior Division has no pitching restrictions.

Example 3 – A player pitches in seven innings in a Junior Division game played on Sunday and has a Major Division game later that same day. The player would be limited to five more innings for the Major Division game (for a total of 12 innings in a day in the Major Division).

(c) Minor/Major: A pitcher remaining in the game, but moving to a different position, can return as a pitcher anytime in the remainder of the game but only once in the same inning as he/she was removed. A pitcher, withdrawn from the game offensively or defensively for a substitute, may not re-enter the game as a pitcher. Exception: See Rule 3.03(c).

Junior/Senior League: A pitcher may be withdrawn from the game, offensively or defensively, and return as pitcher only once per inning provided the return does not violate the substitution, visits per pitcher, or mandatory play rule(s).

(d) Little League (Major) Division/Junior/Senior League: Not more than five (5) pitchers per team shall be used in one game.

(e) Violation of any section of this regulation can result in protest of the game in which it occurs. Protest shall be made in accordance with Playing Rule 4.19.

NOTES:

1. The withdrawal of an ineligible pitcher after that pitcher is announced, or after a warm-up pitch is delivered, but before that player has pitched a ball to a batter, shall not be considered a violation. Little League officials are urged to take precautions to prevent protests. When a protest situation is imminent, the potential offender should be notified immediately.

2. Innings pitched in games declared "Regulation Tie Games" or "Suspended Games" shall be charged against pitcher's eligibility. NOTE 1: In suspended games resumed on a subsequent day, the pitchers of record at the time the game was halted may continue to pitch to the extent of their remaining eligibility for that day.

3. Minors/Little League (Majors): If doubleheaders are played, the limitation of twelve (12) innings in a calendar day would apply to each pitcher. A pitcher who pitches in the first game may pitch in the second game if pitcher has eligibility remaining.

4. There is no limit to the number of pitchers of a particular league age group on a team that can be used. EXCEPTION: A player who has attained a league age of twelve (12) is not eligible to pitch in Minor League